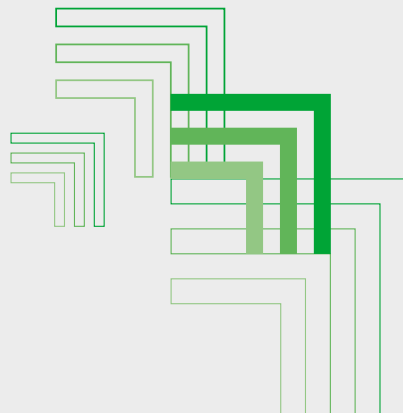




Lodz University of Technology



# INTERNATIONAL STUDENTS GUIDE



European  
Funds  
Knowledge Education Development



Republic  
of Poland



POLISH NATIONAL AGENCY  
FOR ACADEMIC EXCHANGE

European Union  
European Social Fund



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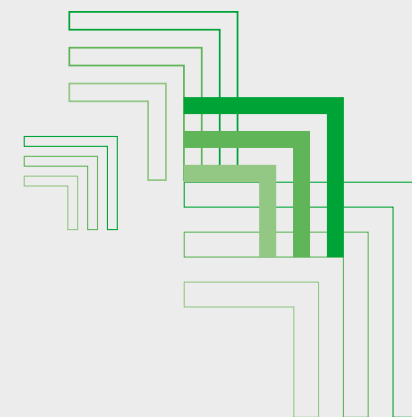
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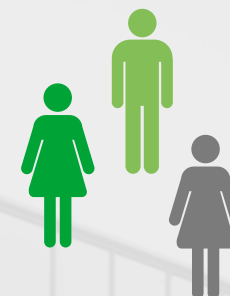
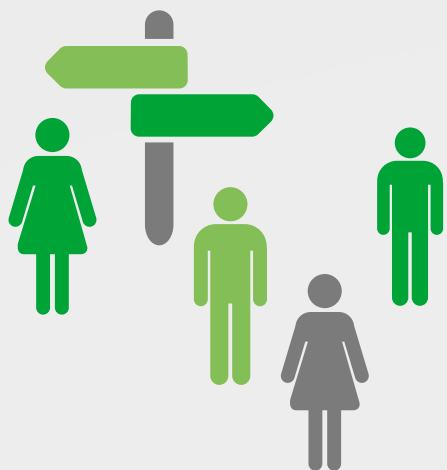
## LODZ UNIVERSITY OF TECHNOLOGY

## WELCOME TO LODZ UNIVERSITY OF TECHNOLOGY!

We are happy that you have chosen Lodz University of Technology as a place where you will pursue your studies. The University which takes care of the highest standards of teaching and prepares specialists sought after in the labour market, including innovative sectors of new technologies. The academic community in Łódź is open and friendly to foreign students. Lodz University of Technology has over 25 years of tradition in international education in order to provide comprehensive support for foreign students.

Therefore, we have established the International Cooperation Centre. It is a friendly place where you can resolve all matters related to studies.





## FACTS AND FIGURES

**4<sup>TH</sup>** PLACE AMONG  
TECHNICAL  
UNIVERSITIES

**15000** STUDENTS

**1 600** PROFESSORS  
AND ACADEMIC TEACHERS

**1945** FOUNDATION YEAR

**800** NEW FOREIGN STUDENTS  
YEARLY

**573** PHD STUDENTS

**53** FIELDS OF STUDY

**9** FACULTIES



**350** INTERNATIONAL AGREEMENTS  
UNDER THE ERASMUS+ PROGRAMME

THE MOST CREATIVE AND INNOVATIVE  
UNIVERSITY IN POLAND AS REGARDS  
CREATING CAREER OPPORTUNITIES



OVER **230** BILATERAL AGREEMENTS (GENERAL  
AGREEMENTS, MEMORANDUMS OF UNDERSTAN-  
DING, STUDENT EXCHANGE AGREEMENTS ETC.)



THE MOST APPRECIATED  
UNIVERSITY BY EMPLOYERS  
IN THE ŁÓDŹ REGION







## STRUCTURE

### Faculties

- W1** › Faculty of Mechanical Engineering (WM, building A22)
- W2** › Faculty of Electrical, Electronic, Computer and Control Engineering (WEEIA, building A10)
- W3** › Faculty of Chemistry (WCh, building A27)
- W4** › Faculty of Material Technologies and Textile Design (WTMIWT, building A33)
- W5** › Faculty of Biotechnology and Food Sciences (WBINOŻ, building A4)
- W6** › Faculty of Civil Engineering, Architecture and Environmental Engineering (WBAIŚ, building B7)
- W7** › Faculty of Technical Physics, Information Technology and Applied Mathematics (WFTIMS, building A14)
- W8** › Faculty of Management and Production Engineering (WZiIP, building D3, D4)
- W9** › Faculty of Process and Environmental Engineering (WIPOŚ, building B4)

### General university units

- › International Cooperation Centre (building A16)
- › International Faculty of Engineering (building A16)
- › Foreign Languages Centre (building B25)
- › Sports Centre (building C4)
- › Centre of Mathematics and Physics (building C3)
- › Library (building B22)
- › Computer Centre (building A5, A10)
- › Information Technology Centre (building B19)
- › Interdisciplinary Doctoral School
- › TUL Sports and Education Centre "Sports Bay"



**1 academic year**

(1,500-1,800 working hours)

**= 60 credits ECTS**

**25 - 30**

working hours

**= 1 ECTS credit**

## RULES FOR ASSIGNING ECTS CREDITS TO SUBJECTS

### CYCLES OF STUDIES

I **engineering/bachelor**  
(3 - 4 years)

II **master**  
(1,5 - 2 years)

III **doctoral**  
(4 years)

### ECTS what is it?

The European Credit Transfer and Accumulation System is a point system that facilitates the recognition of periods of study completed outside the home university. This system allows you to "measure" on a point scale the amount of work that a student has put in a given course/class.

**ECTS credits** are awarded on the basis on the estimated workload of an average student. This protects all students, both outstanding and weak ones, from overloaded or overly 'light' programmes. At the same time, the number of awarded ECTS credits is not directly related to the number of class hours. The lecture hour may require students to have 3 hours of independent work, however, preparation for a seminar may take a whole week.


A student may obtain **ECTS credits** only after completing the required work and passing a course (obtaining a positive grade) - the number of ECTS credits for completing the given element of the programme is absolute and does not depend on the obtained grade.

No more than 60 **ECTS credits** should be allocated for completing the study year. This is allowed only in special cases, however, it should be justified and documented in the course catalogue.

**ECTS credits** do not specify the status of classes, its validity or a teacher's prestige.

**ECTS credits** are awarded for all components of the study programme, both those which belong to the study programme and lead to awarding a diploma, as well as modules intended for persons who do not complete full studies.





**There are two types of examinations:** oral and written ones. The oral exam has different forms. The written exam may take the form of a test or a descriptive form.

## Assessment system

In addition to the ECTS system, there is also a **grading system on a scale from 2 to 5**. The lowest failing grade is 2, other grades contribute to successful completion of the course with 5 being the highest grade. A student receives grades for examinations, laboratories, projects, certain subjects (except the physical education, trainings, internships).

## Examinations

There are two types of examinations: oral and written ones. The oral exam has different forms. The written exam may take the form of a test or a descriptive form. Cheating or speaking is not allowed in the course of a written exam. If a person needs to leave the examination room, it requires the consent of the teacher conducting the exam.

## Student ID

**The student ID card certifies the student status.**

Lodz University of Technology has electronic student ID cards which are issued following a student's matriculation. Every student has the right to have a student ID card until the day of graduation. The validity of the ID card is confirmed every semester by updating data in the electronic system and placing a hologram in consecutively marked areas.

The cost of issuing the electronic ID card is PLN 22. The fee should be transferred to the individual bank account obtained in the dean's office. The student ID card entitles you to 50% discount when travelling by

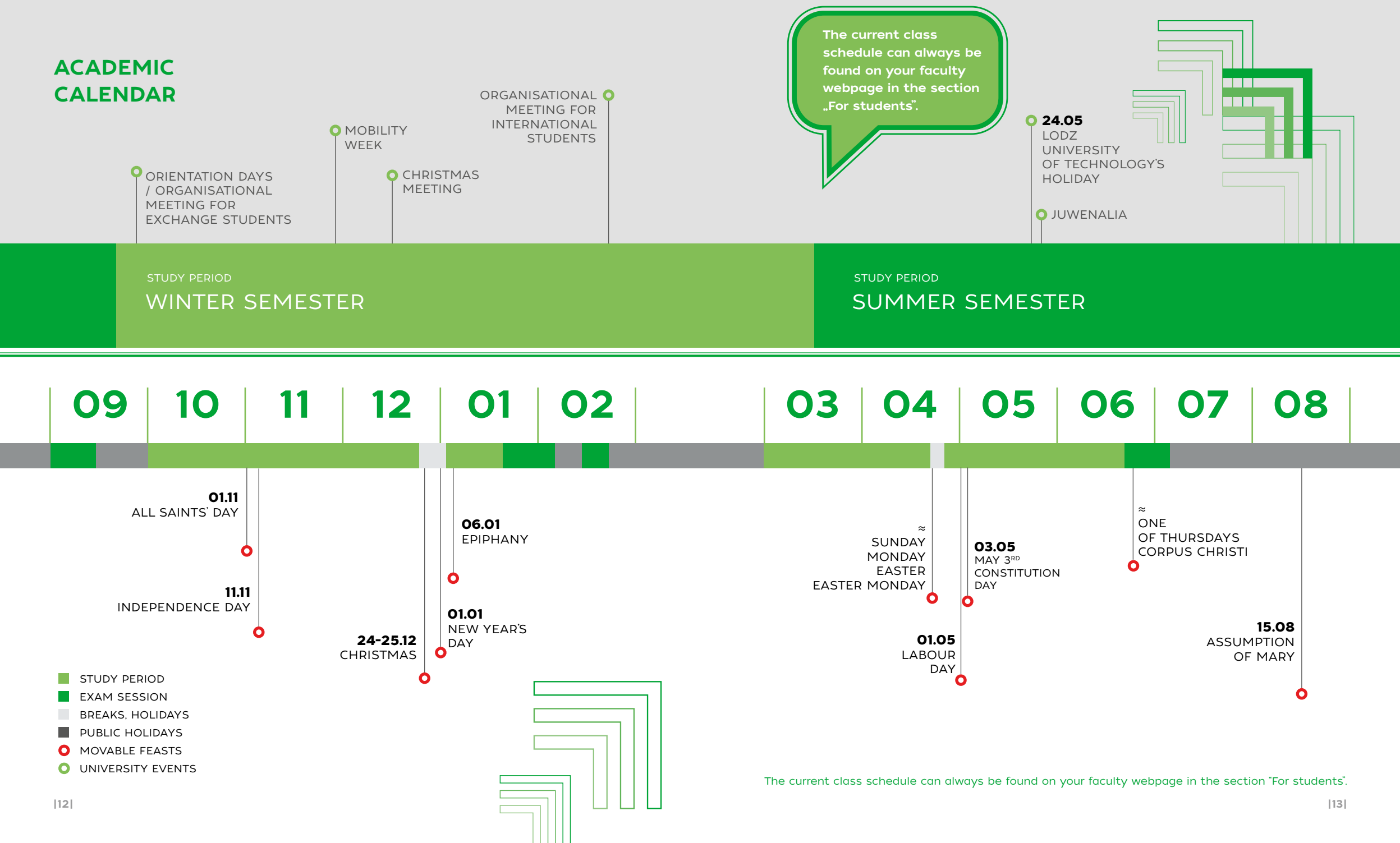
public means of transport. Until the age of 26, a student may benefit from the discounted public bus transport services (49%) and rail transport services (51%).

## Student registration number

It is an individual number assigned to the student in all fields of study and at all educational levels realized by the student at this university. The student registration number is provided on the student ID. The number is also the login to the virTUL system.



ACADEMIC  
CALENDAR



## virTUL

virtual Lodz University of Technology  
[virtul.p.lodz.pl](http://virtul.p.lodz.pl)

The central internet platform which gives **access to all electronic services of Lodz University of Technology**. The access to these services is gained through so called central logging – the login password is the same for electronic services available in TUL, among others: WIKAMP Platform, email system and WebDziekanat. For all of the above services the login number is the student's registration number.

In order to receive the access login to the aforementioned services, students should apply with a valid ID card in a building of the TUL Library at ul. Wólczańska 223 (building B22) office no. 203, 2nd floor.

## WebDziekanat

Electronic dean's office  
[webdziekanat.p.lodz.pl](http://webdziekanat.p.lodz.pl)

The WebDziekanat provides access to all necessary information related to the student's course of study, among others, class schedules, tuition fees, grades, deadlines and application forms.

## WIKAMP

Virtual Campus  
of Lodz University of Technology  
[edu.p.lodz.pl](http://edu.p.lodz.pl)

The platform supporting e-learning in Lodz University of Technology.







**More information:**  
[www.ck.p.lodz.pl/uslugi/eduroam](http://www.ck.p.lodz.pl/uslugi/eduroam)

## TUL Electronic Mail System

The Electronic Mail System in TUL enables sending e-mails between employees and students of TUL and email communication with the outside world. Each student of Lodz University of Technology has an automatically created email account.

The use of the TUL account is obligatory. The correspondence with the university is carried out from the TUL account.

## How to write an e-mail?

The style of the message depends on its recipient, i.e. you should address formally persons you do not know or who hold higher positions or are senior, and less officially friends.

At university, recipients (lecturers/employees) should be addressed according to their scientific title/degree. If you do not know the position held or the academic title, start your email: Dear Sir/Dear Madam.

## Sample e-mail

*"Dear Sir/Madam/Professor*

*I am writing to ask for information regarding your next office hours.*

*Yours faithfully,  
 Jan Kowalski"*

## Wifi Eduroam

Eduroam enables the user to connect to the wireless network in the area of scientific and higher education institutions, including Lodz University of Technology. In order to connect to the Eduroam network, a personal certificate should be installed on the user's computer, which every TUL student can generate independently on his TUL email address. Employees and students of Lodz University of Technology need to log on to use the system.



## NAWA SCHOLARSHIPS

### SCHOLARSHIP PROGRAMME FOR POLISH COMMUNITIES ABROAD:

**For whom?** For foreigners of Polish origin and holders of the Polish Card  
**Which countries?** Belarus, Bulgaria, The Czech Republic, Estonia, Lithuania, Latvia, Moldova, Romania, Slovakia, Hungary, the former Yugoslavian countries, Ukraine, Russia, and the countries of Central Asia and the Caucasus, Latin America and Africa  
**Which studies?** I and II cycle studies at Polish state universities

### IGNACY ŁUKASIEWICZ SCHOLARSHIP PROGRAMME:

**For whom?** Citizens of developing countries  
**Which countries?** Angola, Ethiopia, Indonesia, Kenya, Colombia, Mexico, Myanmar, Mongolia, Mozambique, Nigeria, Palestine, South Africa, Senegal, Tanzania, Vietnam and others  
**Which studies?** II cycle studies (preceded by one-year preparatory course to take up studies in Poland) and III cycle studies at Polish state universities



**Contact:**  
The Polish National Agency  
for Academic Exchange  
40 Polna St., 00-635 Warsaw  
Tel.: +48 22 390 35 00  
e-mail: [biuro@nawa.gov.pl](mailto:biuro@nawa.gov.pl)  
[www.nawa.gov.pl](http://www.nawa.gov.pl)

## SCHOLARSHIPS AND GRANTS

### STEFAN BANACH SCHOLARSHIP PROGRAMME:

**For whom?** Citizens of the Eastern Partnership countries of the EU  
**Which countries?** Armenia, Azerbaijan, Belarus, Georgia, Moldova, Ukraine  
**Which studies?** II and III cycle studies at Polish state universities

### POLAND MY FIRST CHOICE PROGRAMME

**For whom?** Citizens of different countries  
**Which countries?** Australia, Belgium, Bulgaria, Croatia, Chile, Cyprus, the Czech Republic, Denmark, Estonia, Finland, France, Greece, Spain, the Netherlands, Ireland, Iceland, Israel, Japan, Canada, Republic of Korea, Lichtenstein, Lithuania, Luxembourg, Latvia, Malta, Germany, Norway, New Zealand, Portugal, Romania, Singapore, Slovakia, Slovenia, Switzerland, Sweden, Uruguay, USA, Hungary, Italy, the United Kingdom, and Chinese citizens residing in Hong Kong, Macau and Taiwan.  
**Which studies?** II cycle studies at Polish state and private universities

## TUL'S SCHOLARSHIPS FOR FOREIGN STUDENTS

Foreigners from outside the European Union studying at Lodz University of Technology can receive, based on their average rating from the previous semester, scholarship to cover the cost of accommodation in a student house. The call is always announced at the beginning of each semester.

**More information:**  
Dział Nauki PŁ,  
tel: 42 631 20 52

### KONSTANTY KALINOWSKI SCHOLARSHIP PROGRAM OF THE POLISH GOVERNMENT

The programme is addressed to **Belarusian citizens** who are secondary school graduates or who have been relegated from universities for political reasons or who are prevented from studying in Belarus, as well as graduates of the independent Jakub Kołbas High School of Humanities in Minsk. The Konstanty Kalinowski Scholarship Program is the largest European aid program for Belarusians unable to study in Belarus due to their political views.

**More information:**  
[www.english.studium.uw.edu.pl/k-kalinowski-scholarship-program](http://www.english.studium.uw.edu.pl/k-kalinowski-scholarship-program)

## FOREIGN STUDENTS ADMITTED AFTER 2019 MAY ALSO RECEIVE THE RECTOR'S SCHOLARSHIP.

Every foreign TUL student (admitted to TUL after 2019), after the first year of bachelor studies, with full registration for the next semester and high average in the previous academic year, may apply for the Rector's Scholarship! It can be received by up to 10% of students of the particular faculty. Every foreign TUL student (admitted to TUL after 2019), after the first year of bachelor studies, with conditional registration for the next semester and with exceptional academic achievements in the previous academic year, may apply for a Rector's scholarship! It can be received by up to 10% of students of the particular faculty.

### BOLASHAQ FUND FOR CANDIDATES FROM KAZAKHSTAN

Candidates from Kazakhstan may become TUL students on the basis of a cooperation agreement with the BolashaQ Fund (JSC „Center for International Programs” BolashaQ). Candidates with high academic performance and additional achievements (participation in conferences and competitions) have a chance to receive a discount on tuition fee of up to 100%.  
[www.bolashak.gov.kz/en/Mangilik EI 8 010000 Nur-Sultan Republic of Kazakhstan](http://www.bolashak.gov.kz/en/Mangilik_EI_8_010000_Nur-Sultan_Republic_of_Kazakhstan)

## TUITION FEES

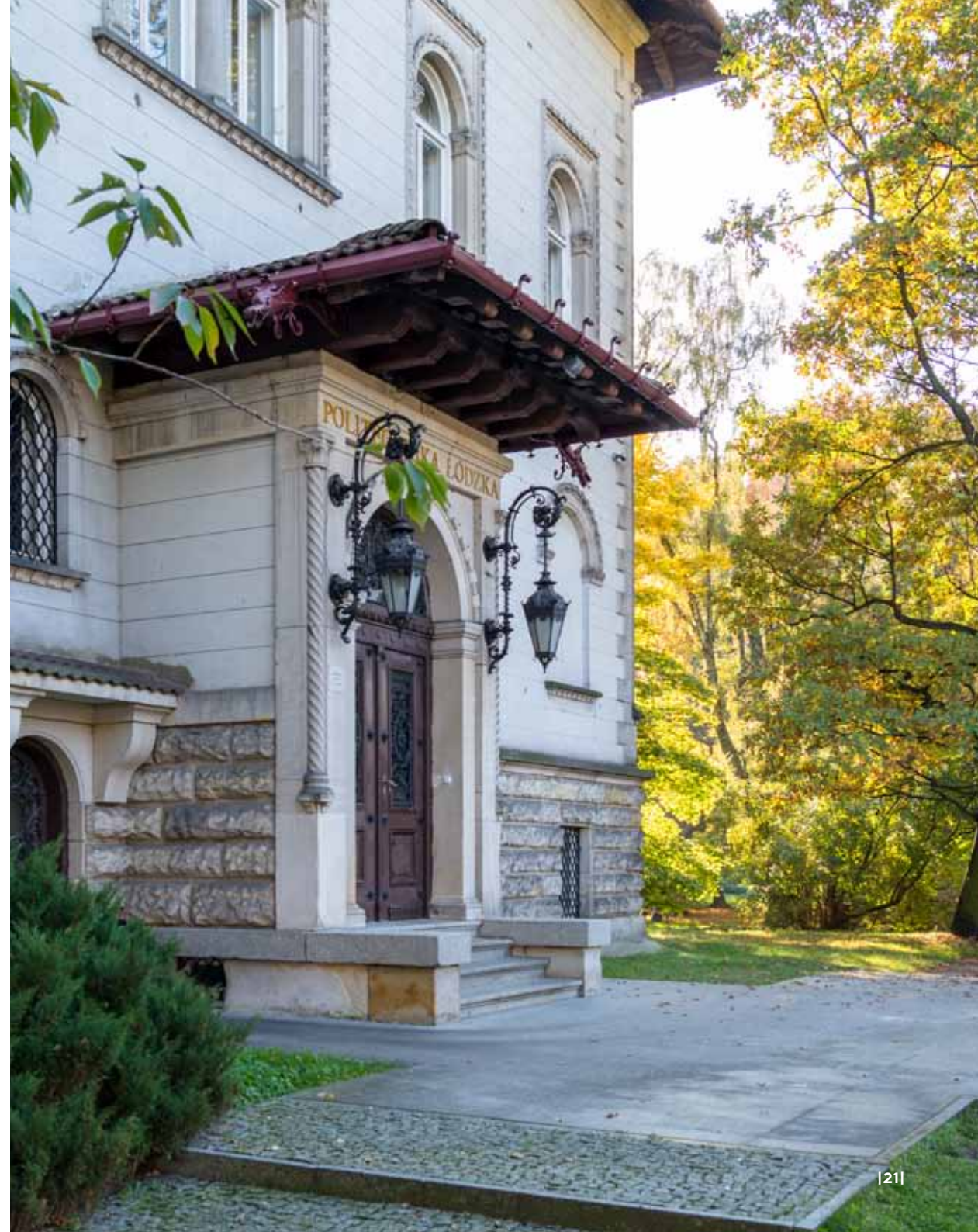
Foreign students admitted to study on the principles other than those applicable to Polish citizens in relation to incurring the costs of studies, pay the tuition fees of PLN 2500 to PLN 8000 for one semester. The fee should be paid before the beginning of the next course semester.

Foreign students studying in Poland under the rules applicable to Polish citizens pursue their studies free of charge. The solely pay fees related to the repetition of the subject or the semester and participation in the classes not included in the study programme.

The tuition fee should be paid before the beginning of the next course semester.

### Charges for documents issued to students

- › an electronic ID card - PLN 22
- › a diploma and its two copies - PLN 60
- › an additional copy of the diploma translated into a foreign language - PLN 40
- › legalization of documents intended for legal transactions abroad - PLN 19
- › NNW and OC insurance for the period of study (there is a possibility of buying the insurance in TUL) - PLN 70







# STUDENTS EXCHANGE

The Erasmus+ programme at Lodz University of Technology offers all students of our University an exchange within the countries participating in the program - 28 UE countries and Island, Lichtenstein, Norway, Turkey, Macedonia, Serbia and selected partner countries (on special terms).

## Mobility Week

The annual event taking place in autumn, which promotes student mobility at Lodz University of Technology. During the event students may learn more about the possibilities of participating in student exchange programs.

## Advantages of the program:

- › gaining experience
- › getting to know new cultures
- › improving foreign language skills
- › better prospects in the job market

## General rules:

- › 360 days for student exchanges at every cycle of studies
- › leaving for an exchange even several times at the same study cycle
- › leaving for an exchange from 90 to 360 days and for an internship from 60 to 360 days
- › Erasmus+ scholarship

## Who can leave?

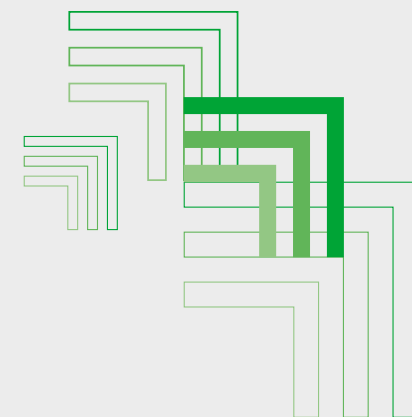
- › to study: students of 1st, 2nd and 3rd cycle of studies at Lodz University of Technology
- › for an internship: students of 1st, 2nd and 3rd cycle of studies at Lodz University of Technology and graduates qualified for the exchange program during the last year of studies before taking the final exam.

## Contact

International Cooperation Centre  
Żwirki 36 St., 1st floor,  
office number 120  
[www.erasmus.p.lodz.pl](http://www.erasmus.p.lodz.pl)

ERASMUS+  
for outgoing students





## CAMPUS

## HERE WE STUDY AND LIVE



Our campus is not only a symbol of the University, but also of the city. Close to the famous Piotrkowska Street there is a compact area where you will find all University buildings, classrooms, laboratories, workshops, dean's offices and rector's office. The University has a specific atmosphere thanks to its nineteenth-century palaces and revitalized post-industrial buildings adapted for modern classrooms and laboratories. A park located in the center of the campus, with its unique trees is something the University is proud of. Please, see **the map of the campus**.



## ACCOMMODATION

The Academic Residential Estate of Lodz University of Technology is composed of nine dormitories which provide good living conditions and the right atmosphere to study as well as pleasant ambiance to spend leisure time. The computer network which provides the internet to every room, well-developed leisure facilities, a canteen, student clubs- are just a few advantages of our dormitories.

Lodz University of Technology has an events hall, which is located in building C15 at 3a Politechniki St. The hall is air-conditioned, equipped with the sound system and multimedia, and consists of an auditorium and a stage. It is a facility intended for organization of festivals, competitions, meetings with experts, scientific conferences. The TUL Academic Orchestra, the TUL Choir and

“PoliŻongler”, the TUL Juggling Club, hold their rehearsals there - other events organized in the hall include the TUL beauty pageants, sports galas, concerts. On the university campus there are offices of the following student organizations: The Students’ Council, The Academic Sports Association, The Polish Students Association, BEST (the Board of European Students of Technology), the Student Tourist Club “Płazik” and the TUL Students’ Radio ŻAK from where programmes are broadcast.

The advantage of the Campus is its good location: it is near the city centre, with easy access to public transport, leisure areas (parks), sports facilities (Zatoka Sportu), the railway station (about 3 km away), the airport and shopping centres. You can find here student clubs, a canteen, a hairdresser, medical clinics, an ATM and shops.

## Dormitories

### I DS

3b Politechniki Ave., 90-924 Łódź  
Tel. +48 42 631 29 81, +48 42 63 29 41  
e-mail: anna.garnys@p.lodz.pl  
Double-bedded rooms

### II DS

5 Politechniki Ave., 90-924 Łódź  
Tel. +48 42 631 21 92  
e-mail: elzbieta.klys@p.lodz.pl  
Double-bedded rooms

### III DS

7 Politechniki Ave., 90-924 Łódź  
Tel. +48 42 631 21 93  
e-mail: lidia.polis@p.lodz.pl  
Double-bedded rooms

### IV DS

9a Politechniki Ave., 90-924 Łódź  
Tel. +48 42 631 21 94  
e-mail: urszula.szczepanska@p.lodz.pl  
Double-bedded rooms

### V DS

3 Lumumby St., 90-924 Łódź  
Tel. +48 42 631 27 05  
e-mail: ewa.filipczak@p.lodz.pl  
Double-bedded and three-bedded rooms

### VI DS

11 Politechniki Ave., 90-924 Łódź  
Tel. +48 42 631 21 86, +48 42 631 29 46  
e-mail: sylwia.kozielek@p.lodz.pl  
Double-bedded and three-bedded rooms

Current prices for rooms:  
[www.p.lodz.pl/lista/cenniki-osiedle](http://www.p.lodz.pl/lista/cenniki-osiedle)

### VII DS

9 Politechniki Ave., 90-924 Łódź  
Tel. +48 42 631 21 97  
e-mail: emila.lewandowska@p.lodz.pl  
Double-bedded and three-bedded rooms

### VIII DS

40/42 Radwańska St., 90-924 Łódź  
Tel. +48 42 631 21 98  
e-mail: urszula.mroccka@p.lodz.pl  
Double-bedded and three-bedded rooms

### IX DS

277 Piotrkowska St., 90-924 Łódź  
(entrance from 232 Wólczańska St.)  
Tel. +48 42 631 24 86  
e-mail: renata.dynarek@p.lodz.pl  
Double-bedded rooms

## Contact

TUL Campus  
TUL Accommodation Commission  
3a Politechniki Ave., 1st floor  
tel. +48 42 631 28 41  
e-mail:  
[komisja.zakwaterowan@samorząd.p.lodz.pl](mailto:komisja.zakwaterowan@samorząd.p.lodz.pl)  
<https://samorząd.p.lodz.pl/accommodation-english-forms>



## FEES FOR DORMITORIES

Fees are payable by **15th of each month for the given month**. On the website [webdziekanat.p.lodz.pl](http://webdziekanat.p.lodz.pl) every student has to generate an account to which the fee for dormitory must be transferred. The fine for the untimely payment is PLN 30 monthly. Foreign exchange students are required to pay a refundable deposit of PLN 600.

## EXTENDING THE ACCOMMODATION FOR THE NEXT ACADEMIC YEAR AND HOLIDAYS

W **In April** you should apply for an extension of your accommodation **for the next academic year**. Applications for an extension of accommodation **for the summer period** (July-August) are to be submitted **in June**. The fee for a dormitory in the holiday months is slightly higher. The cost of making reservation in the dormitory for another academic year is PLN 100 and this sum is deducted from the accommodation fee for October.

## MOVING TO ANOTHER DORMITORY

You are required to submit an application to the Residents' Council in your current dormitory and to the Manager of the Dormitory, next this application should be submitted to the Student Council Accommodation Commission at al. Politechniki 3a (<https://samo-rzad.p.lodz.pl/accommodation-english-forms>).

## RULES OF RESIDENCE IN A DORMITORY

- › **Lights out period** is from 11:00 p.m. to 6:00 a.m.
- › You are required to **tidy up** the kitchen after you use it and keep order in your room.
- › **Visits of guests** should be reported at the reception desk, and guests staying overnight should be reported to the administration of the dormitory for a fee of PLN 15 per night.
- › It is possible to **use the laundry after** signing up on a list and specifying the date and time. After finishing the laundry, the key must be returned.
- › A payment must be made for **using additional rooms** (a gym, a fitness room, billiards etc.).
- › In order to have **access to the internet**, you need to report it to the network administrator and you are required to pay an additional fee.

## WHEN YOU HAVE NOT BEEN ALLOCATED A DORMITORY

There is a possibility of finding accommodation in private dormitories in Łódź or renting a private apartment on your own or with other students. Advertisements of apartments for rent can be found in the local press or the internet.

### Website addresses of private dorms:

[www.studentdepot.pl](http://www.studentdepot.pl)

[www.akademiki.org](http://www.akademiki.org)

[www.basecampstudent.com](http://www.basecampstudent.com)





## SCIENTIFIC STUDENT CLUBS, ORGANIZATIONS AND STUDENT ASSOCIATIONS

### Student Associations

**ESN-EYE Erasmus Student Network**  
[www.eye.esn.pl](http://www.eye.esn.pl)

**BEST Board of European Students of Technology**  
[www.best.p.lodz.pl](http://www.best.p.lodz.pl)

**IAESTE - The International Association for the Exchange of Students for Technical Experience**  
[www.facebook.com/iaeste.tul](http://www.facebook.com/iaeste.tul)

**AIESEC International Association of Students in Economic and Commercial Sciences**  
[www.aiesec.pl/lodz](http://www.aiesec.pl/lodz)

**Students' Forum Business Centre Club**  
[www.sfbcc.org.pl/lodz](http://www.sfbcc.org.pl/lodz)

### Student organizations

**Student Council**  
[www.samorzad.p.lodz.pl](http://www.samorzad.p.lodz.pl)

**Academic Sports Association AZS**  
[azs.p.lodz.pl](http://azs.p.lodz.pl)

**Lodz Solar Team**  
[lodzsolarteam.p.lodz.pl](http://lodzsolarteam.p.lodz.pl)

**PŁ Raptors**  
[raptors.p.lodz.pl](http://raptors.p.lodz.pl)

**GUST**  
[gust.p.lodz.pl](http://gust.p.lodz.pl)

**Iron Warriors**  
[ironwarriorsteam.pl](http://ironwarriorsteam.pl)

**Photography Club**  
[www.facebook.com/KlubFotograficznyPL](http://www.facebook.com/KlubFotograficznyPL)

**Student Tourist Club 'Płazik'**  
[plazik.pl](http://plazik.pl)

**Student Club of Beskid Guides**  
[skpb.lodz.pl](http://skpb.lodz.pl)

**RAPP Academic Movement 'Pod Prąd'**  
[rapp.pl/lodz](http://rapp.pl/lodz)

**Council of Disabled Students**  
[rsn.p.lodz.pl](http://rsn.p.lodz.pl)

**'NZS' A TUL branch of the Independent Students' Association of the Łódź Region**  
[www.nzs.lodz.pl](http://www.nzs.lodz.pl)

**ENACTUS**  
[enactus.p.lodz.pl](http://enactus.p.lodz.pl)

**IFE Sailing**  
[ife-sailing.pl](http://ife-sailing.pl)

**Student Radio ŻAK**  
[zak.lodz.pl](http://zak.lodz.pl)

**Club of Motocyclists at TUL**  
[kmp.l.p.lodz.pl](http://kmp.l.p.lodz.pl)

**Juggling Club „PoliŻongler”**  
[polizongler.p.lodz.pl](http://polizongler.p.lodz.pl)

**Academic Choir**  
[chor.p.lodz.pl](http://chor.p.lodz.pl)

**Academic Orchestra**  
[facebook.com/akademicka.orkiestra.politechniki.lodzkiej](https://facebook.com/akademicka.orkiestra.politechniki.lodzkiej)

**„Petrolheads” Lodz University of Technology**  
[facebook.com/knppt/](https://facebook.com/knppt/)

At Lodz University of Technology there are about 80 Scientific Student Clubs within each faculty.



# SPORT LIFE AT TUL

## Sports Centre

The Sports Centre of Lodz University of Technology provides physical education classes for students of our university. Students are required to take part in P.E. classes at the 2nd, 3rd and 4th semesters and the choice of activities includes 13 disciplines in total, for example: football, swimming, weight lifting or dance.

The Sports Centre offers students, who enjoy doing sports as a leisure pursuit, 200-meter running track, football pitch and basketball court with artificial turf and beach ball sand court.

## AZS PŁ – TUL Academic Sports Association

TUL Academic Sports Association [AZS] is a sports club that enables sports development of both highly competitive athletes and students who want to have their first training in many sports.

The club also provides the opportunity to represent Lodz University of Technology at the Polish Academic Championships. The winners can obtain a Rector's scholarship for the best students. Most of AZS sports sections allow students to pass obligatory physical education classes at TUL.

## Sports Bay [Zatoka Sportu]

TUL Sports and Education Centre "Sports Bay" is an organizational unit of Lodz University of Technology. It is a multi-activity sports complex with 2 swimming pools, including a unique 50m. indoor swimming pool. TUL students have their physical education classes here and in free time 40 percent discount for an entrance ticket. Apart from the pool area, Sports Bay has its own climbing walls – the highest one is 17 meters high, fitness club and a restaurant.

Since 2019 there are multi-purpose sports hall with basketball, volleyball and badminton courts available.

- › basketball W and M
- › nordic walking
- › diving
- › volleyball W and M
- › swimming
- › squash
- › chess
- › taekwondo
- › ballroom dancing
- › tennis
- › table tennis
- › powerlifting
- › floorball
- › sport climbing
- › sailing
- › quidditch

## AZS PŁ also runs sports sections in the following disciplines:

- › acroyoga
- › sports aerobics
- › aerial acrobatics
- › badminton
- › duplicate bridge
- › rowing ergomet
- › fit and jump
- › fitness
- › float fitness
- › futsal K
- › futsal / football M
- › equestrianism
- › yoga
- › judo W and M
- › karate
- › cycling

### Kontakt

**Sports Centre of TUL**  
11 Politechniki Ave.  
90-924 Łódź  
tel. +48 42 631 28 65, +48 42 631 28 21  
e-mail: s-3@adm.p.lodz.pl

**Sports Bay**  
10 Politechniki Ave.  
93-590 Łódź  
e-mail: zatokasportu@info.p.lodz.pl  
**www.zatokasportu.pl**

**AZS PŁ**  
3a Politechniki Ave. (building C15),  
90-924 Łódź  
tel. +48 42 631 28 23  
e-mail: politechnika.lodz@azs.pl  
**www.azs.p.lodz.pl**



## LIBRARIES

The Library of Lodz University of Technology is the largest technical library in the region. It consists of the main library and four branch libraries. Along with the department libraries operating in the organisational units of Lodz University of Technology, they are the library information system of TUL.

### **The Library of Lodz University of Technology**

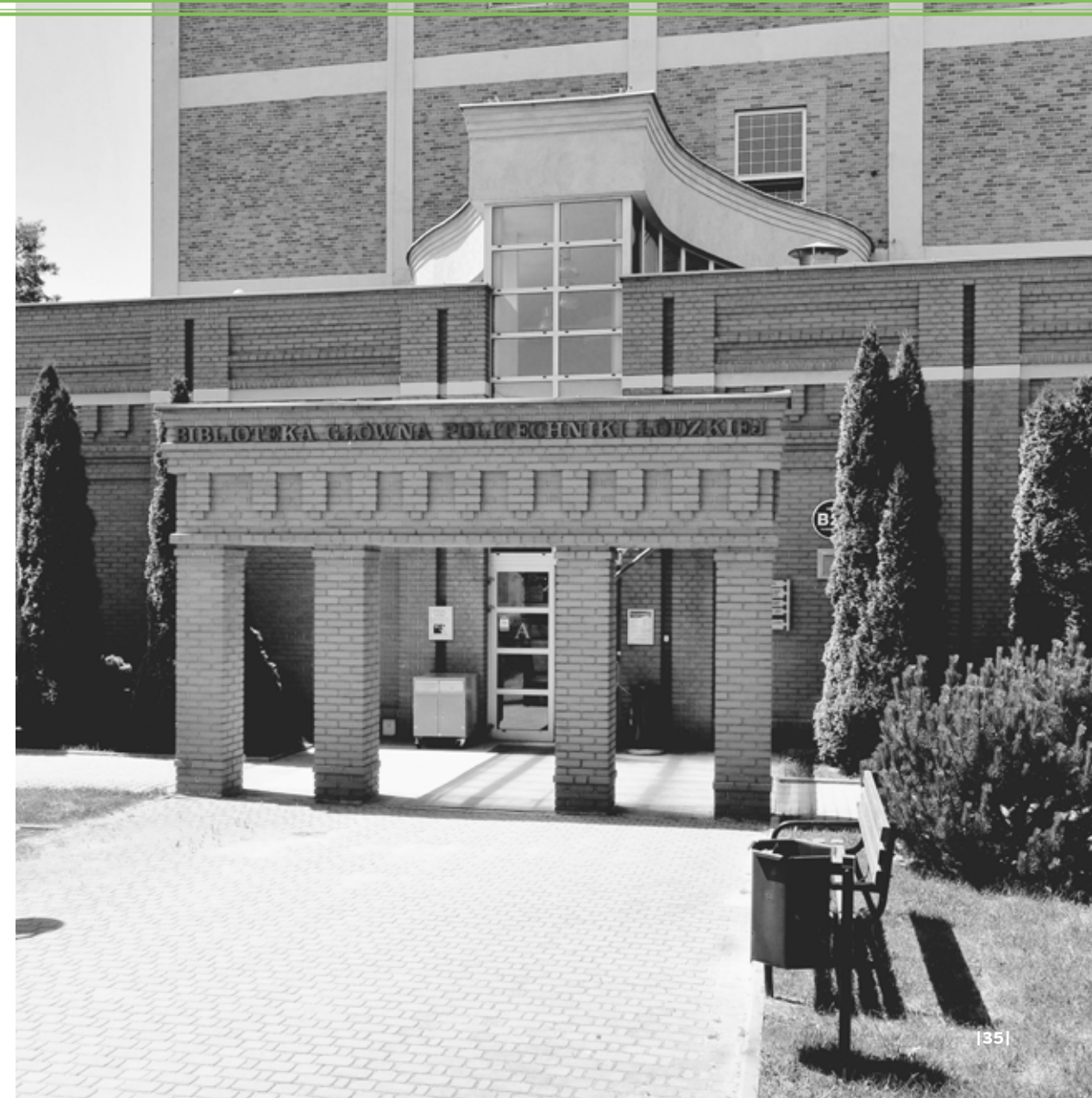
building B22, [bg.p.lodz.pl](http://bg.p.lodz.pl)

#### **Branch libraries:**

- › **the Library of Civil Engineering and Architecture** named after Jerzy Samujło (building B6), [bg.p.lodz.pl/biblioteka-budownictwa](http://bg.p.lodz.pl/biblioteka-budownictwa)
- › **The Library of Chemistry** named after Osman Achmatowicz (building A26), [bg.p.lodz.pl/biblioteka-chemiczna](http://bg.p.lodz.pl/biblioteka-chemiczna)
- › **The Library of Mechanics** (building A20), [bg.p.lodz.pl/biblioteka-mechaniki](http://bg.p.lodz.pl/biblioteka-mechaniki)
- › **The fiction library** (building B22), [bg.p.lodz.pl/biblioteka-beletrystyczna](http://bg.p.lodz.pl/biblioteka-beletrystyczna)

### **Libraries at departments and institutes:**

- › **The Library at the Institute of Computer Science** (building B9, office 249)
- › **The Library at the Institute of Physics** (building B14)
- › **The Library at the Institute of the Fluid-Flow Machinery** (building B13, office 217)
- › **The Library of Foreign Language Centre** (building B25)
- › **The Library at the Faculty of Process Engineering and Environmental Protection** (building B10)

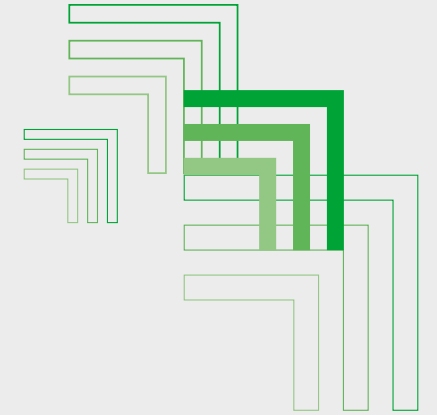




## POLAND AND ŁÓDŹ

## IN THE CENTRE OF EUROPE... IN THE CENTRE OF POLAND...

Poland is the country located in the centre of Europe. In the north it is surrounded by cold Baltic Sea with large and extensive beaches and clean sand. The south of Poland is a mountainous region including the Carpathian Mountains. The centre of Poland is a lowland area and this is where Łódź is located - the third largest city in Poland. Łódź is an academic centre, the Polish capital of the creative industry and festivals. The eclectic style of the city is reflected by the palaces of former manufacturers, the flavors of four cultures, factory halls, large-format murals and bustling Piotrkowska Street.





# REPUBLIC OF POLAND [RZECZPOSPOLITA POLSKA]

## Warsaw

the capital

## Polish

official language

The 9<sup>th</sup> largest country in Europe

≈ 38 millions of citizens in Poland

≈ 700 thousands of inhabitants  
in Łódź

## SYMBOLS



### flag

- silver, water, purity
- fire, courage, bravery



### Polish emblem



### Łódź Emblem

## Mazurek Dąbrowskiego

Jeszcze Polska nie zginęła,  
Kiedy my żyjemy.  
Co nam obca przemoc wzięła,  
Szablą odbierzemy.

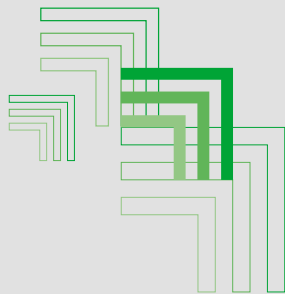
Marsz, marsz, Dąbrowski,  
Z ziemi włoskiej do Polski.  
Za twoim przewodem  
Złączym się z narodem.

Przejdziem Wisłę, przejdziem Wartę,  
Będziem Polakami.  
Dał nam przykład Bonaparte,  
Jak zwyciężać mamy.

Marsz, marsz, Dąbrowski...



HOW TO GET  
TO ŁÓDŹ?



Łódź is located in the  
centre of Poland which  
ensures easy access  
using various means  
of transport:

AIR  
TRANSPORT



1 **Władysław Reymont Airport**

[www.airport.lodz.pl](http://www.airport.lodz.pl)

The airport provides services for popular airlines, including Ryanair.

Access from the airport to Łódź:



city bus  
no. 55



≈4 PLN



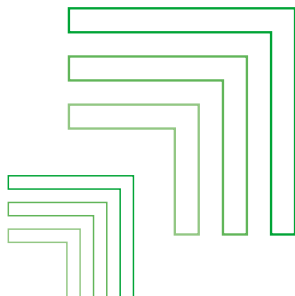
taxi



30 min.



≈30 PLN



2 **Chopin Airport (Okęcie)**

[www.lotnisko-chopina.pl](http://www.lotnisko-chopina.pl)

It is located in Warsaw, about 150 km from Łódź. It is the biggest international airport in Poland.

Dojazd z lotniska do Łodzi:



OKbus  
modlinbus



2,5 godz.



9-50 PLN



train SKM



30 min.



5-50 PLN



city bus  
no. 175



taxi

[www.okbus.pl](http://www.okbus.pl)  
[www.modlinbus.pl](http://www.modlinbus.pl)  
[www.rozklad-pkp.pl](http://www.rozklad-pkp.pl)



train  
PKP SA



1,5 godz..



≈30 PLN



### 3 Modlin Airport

[www.modlinairport.pl](http://www.modlinairport.pl)

It is located not far from Warsaw and it offers cheap flights.

#### Access from the airport to Łódź:



## RAILWAY TRANSPORT

### The main railway stations in Łódź:

Łódź Kaliska

Łódź Fabryczna

Near the railway stations there are tram and bus stops allowing access to any place in the city. When leaving the stations, there are also zones for taxis. A trip by taxi to Lodz University of Technology is about PLN 20. A walk from Łódź Kaliska Railway Station to the university and dormitories takes about 20 - 30 minutes.

## BUS TRANSPORT



One of the most popular bus service providers is **FlixBus** - [www.flixbus.pl](http://www.flixbus.pl). It offers intercity connections at affordable prices. The travel to Łódź is possible from, among others, Amsterdam, Berlin, Tallinn, Prague.

You can also use cheap and fast transport services of the BlaBlaCar: [www.blablacar.pl](http://www.blablacar.pl)

### Search for routes and connections

It is easy to plan journeys around Poland with the websites:  
[www.e-podroznik.pl](http://www.e-podroznik.pl)  
[www.jakdojade.pl](http://www.jakdojade.pl)

## TRANSPORT IN ŁÓDŹ

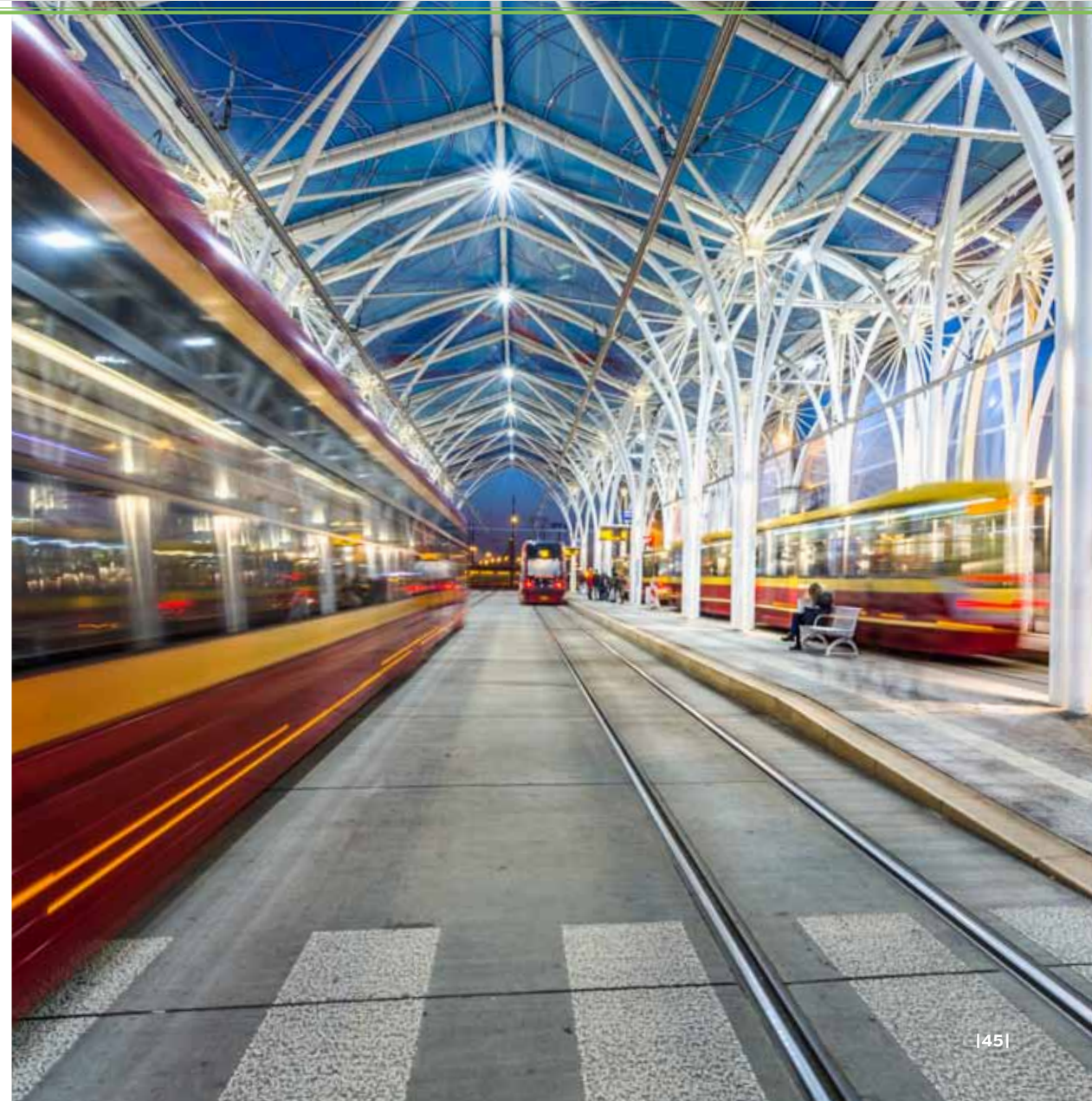
In Łódź, MPK is the provider of bus and tram transport services. **Time tickets are used and they can be bought in kiosks and ticket machines located on most trams and buses.** A passenger can change between the bus and the tram within the same ticket in the purchased time. There are time tickets valid for: 20 minutes (PLN 3,00), 40 minutes (PLN 3,80), one day city ticket (PLN 12,00).

**Reduced tickets for students are 50% cheaper.** The valid student ID card entitles you to cheaper trips by public means of transport. There is also a possibility of purchasing a season ticket (a pass). It is an electronic proximity card, on which season tickets are coded, entitling to trips by public means of transport in Łódź. In order to receive a pass you need to submit an application (personally or via Internet), and when buying another season ticket - pick up the pass.

You must remember to validate the ticket after getting to the train or bus for a ticket inspection. **The fine for not having a valid ticket is PLN 291,80.**

The fine for lack of documents required to prove your entitlement to reduced-fare tickets is PLN 184,40. The fine paid within 7 days from receiving is over 50 percent lower.

**Timetables:**  
[www.mpk.lodz.pl/rozkłady](http://www.mpk.lodz.pl/rozkłady)







## PLACES IN ŁÓDŹ

### Piotrkowska Street

It is the centre of music clubs, pubs and shops, but also excellent restaurants located at the length of 4 km. During the holidays, there are street cafes in front of many restaurants inviting passers-by to rest.

### History

- › Museum of the City of Łódź - Poznański Palace
- › Museum of Cinematography
- › Central Museum of Textile Industry White Factory

- › Księży Młyn - a group of former textile factories and other facilities dating from 1824
- › Museum of the Canal "Dętki"
- › Museum of Independence Traditions (Museum Station Radegast)
- › Jewish cemetery
- › Old cemetery - „Powązki in Łódź"

### Art

- › Museum of Animation Se-ma-for
- › Museum of Art MS1 and MS2
- › Murals
- › Pasaż Róży

### Nature

- › Botanic Garden
- › Palm House
- › Łagiewnicki Forest
- › ZOO
- › Arturówek
- › Jan's Ponds

### Science

- › Planetarium EC1
- › Centre of Science and Technology EC1
- › Science Centre „Eksperymentarium Manufaktura"

### Sport and leisure

- › Aquapark Fala
- › Zatoka Sportu [Sports Bay]
- › Stacja Nowa Gdynia
- › Rudzka Góra
- › Fitness clubs (FitFabric, I'm fit, Squash Point, gyms, courts)
- › City bikes Nextbike

### Shopping centres

- › Manufaktura
- › Monopolis
- › Pasaż Łódzki
- › Galeria Łódzka
- › Port Łódź

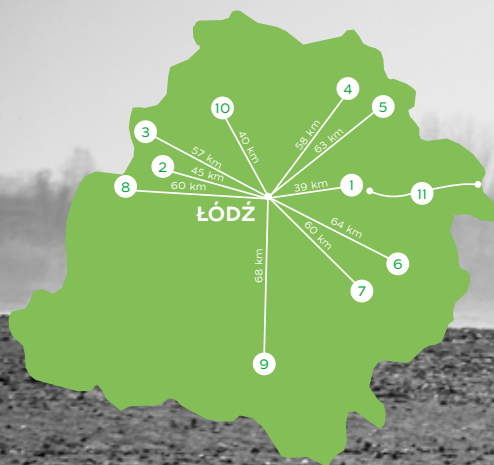
### Entertainment

- › Atlas Arena
- › Wytwórnia
- › Cinemas, theatres and a concert hall

### Off Piotrkowska

At 138/140 Piotrkowska Street there is a space gathering not only representatives of creative industries, but also the most well-known restaurants in Łódź. Off Piotrkowska, which was founded in a former spinning mill, has become a popular meeting place.

**For more information:**  
[www.offpiotrkowska.com](http://www.offpiotrkowska.com)  
[www.piotrkowska217.pl](http://www.piotrkowska217.pl)



## INTERESTING PLACES OF ŁÓDŹ REGION

### 1. Arboretum w Rogów

One of the largest forest parks of this type in Poland with the richest collection of trees and shrubs in Central and Eastern Europe. Open all year. It is particularly recommended from spring to autumn.

[arboretum.sggw.pl](http://arboretum.sggw.pl)

### 2. Zoosafari Borysew

Zoological garden with an area of 25 hectares where over 500 exotic animals representing 90 species from 5 continents are gathered. Closed in winter.

[zoosafari.com.pl](http://zoosafari.com.pl)

### 3. Termy [Hot Springs] Uniejów

A thermal- pool complex, which offers hot baths in therapeutic thermal brines. Open all year. Recommended in winter.

[termyuniejow.pl](http://termyuniejow.pl)

### 4. Łowicz and Maurzyce

A region famous for its characteristic folklore, among others, Łowicz cut-outs and traditional costumes along with an open-air museum with monuments of regional architecture. Open from April to October.

[lowiczturystyczny.eu](http://lowiczturystyczny.eu)

### 5. Nieborów and Arkadia

A palace and garden complex. Open from March to October

[nieborow.art.pl](http://nieborow.art.pl)

### 6. Spała

A resort town on the Pilica River in Spała landscape Park. Open all year.

[www.spala.pl](http://www.spala.pl)

### 7-8. Zalew Sulejowski, Jeziorsko

The two largest water reservoirs of the Łódź region and its huge tourist and leisure attraction. Zalew Sulejowski is a water reservoir on the Pilica River, located between Sulejów and Smardzewice, 50km from Łódź. Jeziorsko is a dam reservoir on the Warta River, located on the border of two provinces - Łódź and wielkopolskie voivodeships. Recommended in summer.

### 9. Mountain Kamieńsk

An artificial hill, 386 m high, which makes it the highest hill in Central Poland. A very good place to go skiing in winter.

[gorakamiensk.info](http://gorakamiensk.info)

### 10. Castle in Łęczyca

The castle - the seat of the Museum of Łęczyca - was built by the Polish king Kazimierz Wielki most probably in the years 1357-1365. Today, it is a place full of events taking place throughout the year. These are both well-known cyclical events of international rank (International Knight's Tournament), as well as smaller, regional ones. Everyone will find something interesting here.

[www.muzeumleczyca.pl](http://www.muzeumleczyca.pl)

### 11. Rogowska Narrow-Gauge Railway

Antique, narrow-gauge railway operating on the route: Rogów - Rawa Mazowiecka - Biała Rawska. Open all year.

[www.kolejrogowska.pl](http://www.kolejrogowska.pl)





### List of „musts” in Poland

- › Sing Dąbrowski's Mazurka on the 30<sup>th</sup> floor of the Palace of Science and Culture in Poland
- › Sail on one of 2,000 lakes in the Mazurian Lake District
- › Listen to St. Mary's Trumpet Call in Cracow
- › Help yourself to St. Martin's croissants in Poznań
- › Pat the Polish bison in the Białowieża Primeval Forest
- › Count the dwarfs in Wrocław
- › Lick a wall in Wieliczka salt mine
- › Find the treasure of the Baltic Sea- amber
- › Bake gingerbread in the museum in Toruń



## PLACES OF INTERESTS IN POLAND

### Warsaw

Warsaw - the capital of Poland for over 400 years - is the largest Polish city, the centre of economic, political and cultural events. The symbol of the city is the Mermaid in the city coat of arms. Warsaw is both a vibrant metropolis and the city with a unique history. Its main attractions include the Old Market Square with the Royal Castle, the Łazienki Park and numerous museums. Visiting the 30<sup>th</sup> floor of the Palace of Culture and Science is a must if we want to see the magnificent panorama of the city.

### Tri-City

The polycentric metropolis, which includes three cities: Gdańsk, Gdynia and Sopot, is a unique Polish attraction. Located on the Bay of Gdańsk, the cities offer not only sightseeing

the monuments, but also extensive sandy beaches with the longest pier at the Baltic seaside in Sopot. On the way to the Tri-City, two other cities can be visited: Toruń, the birthplace of Nicolaus Copernicus and the capital of gingerbread, and Malbork with the wonderfully preserved Teutonic castle.

### Lower Silesia

Lower Silesia is a real mine of tourist attractions - a land of magnificent castles, interesting cities with beautiful architecture and old mountains stretching to the south of the region. In the centre of Lower Silesia is its capital - Wrocław. The city attracts with its charm of historic tenement houses, the liveliness and the climate of the unique centre of European metropolis.

### Cracow

Cracow is a city located in southern Poland on the Vistula River, the second Polish city in terms of population and area. It is a former capital, a coronation city and the necropolis of Polish kings. Cracow is the most visited Polish city. Its main attractions include the Wawel Royal Castle and the Old Market Square with the Cloth Hall (Sukiennice) and St. Mary's Church. In the vicinity of Cracow there is the historic Salt Mine in Wieliczka. An hour's drive west of Cracow there is Oświęcim (Auschwitz), the largest of former German Nazi concentration and extermination camps.

### Masurian Lakes

The Masurian Lake District was in the finale of the „Seven Wonders of the World” competition. The main tourist attraction of the region are its lakes, including the largest lakes in Poland - Śniardwy (113.8 km<sup>2</sup>) and Mamry (105 km<sup>2</sup>). The area is also called the Land of Thousand Lakes, as there are almost 2600 lakes in total.

### Tatra Mountains

The highest mountain range in the Carpathians, with the highest peak in Poland, Rysy (2499 m above the sea level). The capital of the region is Zakopane - the centre of highland culture and winter sports. The main street in Zakopane is Krupówki, where you can find numerous restaurants serving traditional dishes and folk highlander music.

## POPULAR POLISH DISHES

### Bigos [cabbage stew]

Traditional Polish dish of sauerkraut, meat and dried mushrooms. Its preparation takes a long time, even a few days, and involves cooking all the ingredients slowly. In Polish, there is even an expression "narobić bigosu", which means "to make a fuss".



### Pierogi [dumplings]

Round pieces of thin dough stuffed with various types of food, for example, meat, cheese or fruit, and folded in half. The most famous ones are those with cabbage and mushrooms, which are served during Christmas. Another popular type of dumplings include Russian pierogi stuffed with cheese, potatoes and cracklings which, however, are not served in Russia.

### Piernik [gingerbread]

Dark, aromatic cake made from, among others, flour, eggs and honey. Gingerbread gets its intense aroma from spices, such as cinnamon, ginger and cloves. It is associated with Christmas and small pieces of gingerbread often decorate Christmas trees. The capital of gingerbread is Toruń, where it has been traditionally made for many years.



### Żurek [sour cream soup]

A traditional soup made on the basis of sourdough obtained from rye flour with a characteristic sour flavour. During Easter, it is served with white sausage and egg. An interesting way of serving żurek is to cut the hole in a small loaf of bread and fill it with soup.



# CALENDAR OF EVENTS\*



## ŁÓDŹ

## POLSKA

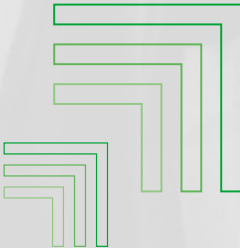
01	<ul style="list-style-type: none"> <li>› New Year's concerts at the Grand Theatre and the Philharmonic in Łódź</li> </ul>	<ul style="list-style-type: none"> <li>› Great Orchestra of Christmas Charity</li> <li>› Ski Jumping World Cup in Zakopane</li> </ul>
02	<ul style="list-style-type: none"> <li>› International Festival of Pleasant and Unpleasant Plays</li> </ul>	<ul style="list-style-type: none"> <li>› Indoor European Athletic Competition Copernicus Cup - Toruń</li> </ul>
03	<ul style="list-style-type: none"> <li>› Touch of the Theatre</li> <li>› Student Tourist Song Festival YAPA</li> </ul>	<ul style="list-style-type: none"> <li>› Misteria Paschalia</li> </ul>
04	<ul style="list-style-type: none"> <li>› Academic Job Fair</li> <li>› Festival of Science, Technology and Art</li> <li>› Run in Piotrkowska Street</li> </ul>	<ul style="list-style-type: none"> <li>› Cracovia Marathon</li> <li>› Lublin Jazz Festival</li> <li>› Film Festival „Kino na Granicy” [Cinema on the Border] in Cieszyn</li> </ul>
05	<ul style="list-style-type: none"> <li>› Łódź Design Festiwal</li> <li>› Juwenalia</li> <li>› Festival of Piotrkowska Street</li> </ul>	<ul style="list-style-type: none"> <li>› May Day picnics and outings</li> <li>› Night of the Museums</li> <li>› Film Music Festival in Cracow</li> </ul>
06	<ul style="list-style-type: none"> <li>› Transatlantyk Festival</li> </ul>	<ul style="list-style-type: none"> <li>› Orange Warsaw Festival</li> </ul>

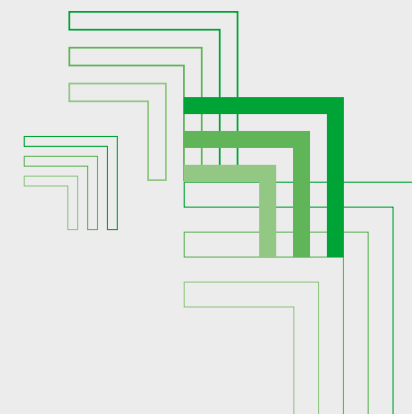
07	<ul style="list-style-type: none"> <li>› Festival of Colours</li> <li>› Birthday of the City of Łódź</li> </ul>	<ul style="list-style-type: none"> <li>› Opener Festival</li> <li>› Sopot Film Festival</li> </ul>
08	<ul style="list-style-type: none"> <li>› Colours of Poland</li> <li>› Summer Jazz Academy</li> <li>› Polówka - outdoor Cinema</li> <li>› Festival of Good Taste</li> </ul>	<ul style="list-style-type: none"> <li>› Festival „Męskie Granie”</li> <li>› Przystanek Woodstock</li> <li>› International Chopin Festival</li> </ul>
09	<ul style="list-style-type: none"> <li>› Urbanator Days</li> <li>› International Festival of Comics and Games</li> <li>› Four Cultures Festival</li> </ul>	<ul style="list-style-type: none"> <li>› Film Festival in Gdynia</li> </ul>
10	<ul style="list-style-type: none"> <li>› Light Move Festival</li> <li>› Łódź Design Festival</li> </ul>	<ul style="list-style-type: none"> <li>› Festival of the „Art of Fact” in Toruń</li> <li>› Conrad Festival in Cracow</li> </ul>
11	<ul style="list-style-type: none"> <li>› Night of the Proms - Classic Meets Pop</li> <li>› Media Festival „Man in Danger”</li> </ul>	<ul style="list-style-type: none"> <li>› International Film Festival „Camerimage”</li> <li>› Festival of St. Martin's Street in Poznań</li> </ul>
12	<ul style="list-style-type: none"> <li>› Christmas Market on Piotrkowska Street</li> <li>› Concert of the Orchestra of Lodz University of Technology</li> </ul>	<ul style="list-style-type: none"> <li>› Saint Nicolas Day</li> <li>› Christmas Market in Cracow and Wrocław</li> <li>› Illumination of Chrismats decorations in the largest cities</li> </ul>

**More info on current events in Łódź on:**  
[www.plasterlodzki.pl/kalendarz-imprez](http://www.plasterlodzki.pl/kalendarz-imprez)  
[www.lodz.naszemiasto.pl/kalendarz-imprez](http://www.lodz.naszemiasto.pl/kalendarz-imprez)

**Tickets for events are available on websites:**  
[www.ticketmaster.pl](http://www.ticketmaster.pl)  
[www.eventim.pl](http://www.eventim.pl)  
[www.ebilet.pl](http://www.ebilet.pl)

\*The dates of individual events may change.





## PRACTICAL INFO

## STUDYING ABROAD IS A GREAT ADVENTURE!

Staying in a foreign country always involves additional formalities to be completed. Foreigners study according to slightly different principles than Poles, therefore foreigners should be familiar with applicable legal regulations that relate to them. It also refers to the procedure of legalization of stay on the territory of Poland. Another important issue is the insurance and taking care of your own safety. The above issues as well as others summarized in this chapter will help you adapt to the conditions in your new place of stay.





# PRINCIPLES OF STUDYING IN POLAND FOR FOREIGNERS

Foreigners can start and complete studies on the terms set out in the Higher Education Law Act:

I

**Under the rules applicable to POLISH CITIZENS**

**If you have:**

- › a permanent residence permit in the territory of Poland
- › citizenship of the Member States of the European Union
- › Polish Card or a decision on the determination of Polish origin issued by the Consul of the Republic of Poland
- › a long-term residence of the European Union

- › married a Polish citizen
- › refugee status/under temporary protection/subsidiary protection in Poland
- › certificate of the proficiency in Polish at the level of C1 issued in Poland by the State Commission
- › a temporary residence permit issued for family reunification, for a long-term residence permit of the residence issued by another EU state or being a member of resident`s family
- › a temporary residence permit for the purpose of carrying out scientific research

II

**Under rules OTHER than applicable to Polish citizens**

**Foreign nationals undertaking studies under the terms and conditions other than those applicable to Polish citizens may study:**

WITHOUT A TUITION FEE:

No scholarship benefits  
(contest for best candidates)

Scholarship holders

of the Polish party  
(Polish government)

of the sending party  
(government of another country)

WITH A TUITION FEE

|58|

|59|

## LEGALIZATION OF STAY

### Citizens of the European Union

The citizens of the European Union may enter the territory of Poland on the basis of their travel document (ID card, a passport). If the stay in the territory of the Republic of Poland is longer than three months, the EU citizen is obliged to register his stay at the Department of Civil Affairs and Foreigners Affairs.

### Citizens of countries outside the EU

#### VISA

Before arriving in Poland, the third country nationals must obtain a visa from the Polish consulate in their country. The visa entitles you to enter the territory of the Republic of Poland, transit through this territory and stay on this territory during the time, for the purpose and on terms specified in it. A student visa is usually valid for one year.

#### RESIDENCE CARD

A foreigner who has obtained a temporary residence permit receives a residence card. During the period of its validity, the residence card together with travel

#### Residence card

A foreigner who has obtained a temporary residence permit receives a residence card.

#### Travel document

The citizens of the European Union may enter the territory of Poland on the basis of their travel document (ID card, a passport).

document confirm the identity of the foreign national during his stay in the territory of the Republic of Poland and entitles him, along with a travel document, to repeatedly cross the border without the necessity to obtain a visa.

A temporary residence permit is granted to a foreigner at his request if he meets the requirements specified with regard to the declared purpose of the stay and the circumstances, which constitute the basis for applying for it, justify his stay in the territory of the Republic of Poland for a period longer than three months.

**The first permit is granted for the period of 15 months.**

The application should be submitted no later than **on the last day of legal residence** of a foreign national in the territory of Poland.

The foreigner may be refused a permit or the permission for the next permit may be withdrawn **if he did not complete a study year** within the specified time limit. The Rector of the university without delay informs the voivode, who granted the temporary permit to the foreigner, that the student has been removed from the list of students as well as that the student failed to complete the study year within the specified time limit.



#### Useful links:

[www.migrant.info.pl](http://www.migrant.info.pl)  
[www.udsc.gov.pl](http://www.udsc.gov.pl)

You cannot stay in Poland longer than it follows from the document, which confirms the right of stay.

## Required documents to obtain a residence card:

- › a completed application and its photocopy
- › four photos
- › a photocopy of a valid travel document
- › document confirming that a foreigner has a place to stay
- › document confirming that a foreigner has a health insurance
- › documents confirming that a foreigner has sufficient funds to cover the costs of education, upkeep, accommodation, utilities and return to his country
- › a certificate of admission to studies or continuation of studies
- › confirmation of tuition fee payment if applicable
- › filled in form showing all monthly expenses in Poland
- › confirmation of administrative fee payment

## Benefits of having a temporary residence permit for a student:

- › **repeated border crossing** without the need to have a visa
- › **work** without any additional permit (applies to full-time students)
- › **free movement in the Schengen zone** (for a period not exceeding 3 months in a 6-month period)

#### More information:

**Łódzki Urząd Wojewódzki,  
Wydział Spraw Obywatelskich  
i Cudzoziemców [Łódź Voivodeship  
Office, Department of Civil Affairs  
and Foreigners Affairs]**  
103 Piotrkowska St., 90-425 Łódź  
Tel.: +48 42 664 17 04  
e-mail: [so@lodz.uw.gov.pl](mailto:so@lodz.uw.gov.pl)  
[www.paszporty.lodzkie.eu](http://www.paszporty.lodzkie.eu)

## REGISTERING PLACE OF TEMPORARY RESIDENCE

It is an official specification of the address at which the person is permanently or officially staying. If the foreigner plans to stay in Poland for more than

- › 3 months (EU, EFTA, Switzerland)
- › 30 days (other foreigners)

and plans to return to the country of his permanent residence, he must register for a temporary stay.

Registration for place of temporary residence should be **reported to the city council**, within the jurisdiction of which a foreigner will be staying. The registration procedure is free of charge. **The charge for issuing** a temporary place of residence registration certificate is PLN 17.

#### More information:

#### The Municipal Office of Lodz

32 Politechniki Ave., 90-001 Łódź  
tel.: 42 638 56 14  
[www.uml.lodz.pl](http://www.uml.lodz.pl)  
[www.obywatel.gov.pl](http://www.obywatel.gov.pl)

## When

no later than within

- › 30 days\*
- › 4 days \*\*

counting from the day of arrival to the place of temporary residence in Poland

\* EU, EFTA, Switzerland

\*\* other foreigners

## Documents to prepare

- › place of temporary residence registration form
- › a certificate issued by the dormitory confirming accommodation or, in the case of renting an apartment - a tenancy agreement
- › an identity document (a travel document, a passport with a visa or a residence card)

An official will make a registration immediately after submission of the application. In order to receive a confirmation of registration, an application must be made to that effect.

## Pesel

The register PESEL is a central collection of personal data.

It is maintained by the minister responsible for computerization. The PESEL register collects data of Polish citizens and foreigners residing in the territory of the Republic of Poland who register for permanent or temporary residence. Only foreigners planning short-term stays, which do not require registration (when the stay in the territory of the Republic of Poland does not exceed 30 days), are excluded from this regulation. The registration of the data in the PESEL system is performed by the city office, competent for the place of residence of a foreigner. The basis for registering the data of a foreigner is a valid travel document or any other document confirming the foreign national's identity and citizenship.

A foreign national studying in Poland is not obliged to have a **PESEL number**.

## Work

A work permit in Poland is not required including when the foreigner:

- › has the status of a family member of a EU/EEA/Switzerland citizen,
- › is a recipient of international protection in Poland (has the status of a refugee, or is a recipient of subsidiary protection),
- › has a permanent residence permit in the Republic of Poland,
- › has a residence permit for EU long-term resident in the Republic of Poland,
- › has a residence permit for humanitarian reasons,
- › has a permit for a tolerated stay in the Republic of Poland,
- › is a spouse of a Polish citizen with a temporary residence permit on the territory of the Republic of Poland given as a result of marriage,
- › has a temporary residence permit in order to join the family,
- › permit for residence of in order to receive higher education,
- › has a valid Pole Card,
- › is a graduate from a Polish upper-secondary school, full-time studies or full-time doctoral courses at Polish universities/colleges.

**Alternatively,** a foreign national is entitled to work in the territory of the Republic of Poland **if he has a work permit.**

## AN EXAMPLE OF A MONTHLY ESTIMATE OF EXPENSES\*\*

### Accommodation

dormitory: PLN 450,00  
renting a flat (room): PLN 900,00

### Groceries

PLN 700

bread: PLN 3,00  
butter: PLN 8,00 /200g  
milk: PLN 3,00  
cheese: PLN 20,00 /kg  
ham: PLN 25,00 /kg  
eggs: PLN 0,70 /pcs  
potatoes: PLN 2,50/kg  
tomatoes: 4,00 – 8,00 /kg\*\*  
apples: PLN 2,00 – 5 /kg\*\*  
chicken breast: PLN 18,00 /kg  
sugar: PLN 3,00 /kg  
coffee: PLN 8,00 /250g  
tea: PLN 4 for one pack with 20 teabags  
beer (0,5 l): PLN 3,00 (shop),  
PLN 10,00 (pub)

### Lunch in the canteen

PLN 20,00

### Phone card + internet

PLN 30,00 / month

### Cosmetics and cleaning products

pln 50,00 / month

### Transport

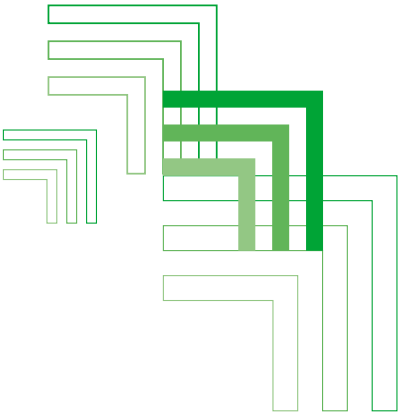
MPK pass, discounted price:  
PLN 45,00 /month  
taxi to the city centre: PLN 25,00

### Sports monthly ticket

PLN 120,00

## Total ≈ PLN 1700

\*\* prices are given approximately  
\*\*\* prices depend on the season





## INSURANCE

### NNW and OC

The costs of accident and third party insurances are covered by the students at the university

**More information:**

[www.fundacja.p.lodz.pl](http://www.fundacja.p.lodz.pl)

### Health insurance

Insurance in case of an illness etc. In order to benefit from such insurance, premiums resulting from the insurance contract must be paid.

#### UE/EFTA citizens

Must be holders of a **European Health Insurance Card (EKUZ)**.

The costs of a student treatment are covered by the National Health Fund [NFZ].

#### Non-UE/EFTA citizens

must be holders of the health insurance policy (min. 30,000 euro) valid for the period of the planned stay in Poland, which covers expenses related to treatment in Poland. The insurance company covers the costs of medical treatment.

**Useful links:**  
[www.nfz.gov.pl](http://www.nfz.gov.pl)  
[www.mz.gov.pl](http://www.mz.gov.pl)

**Non-UE/EFTA citizens** may also benefit from the health insurance in the **National Health Fund [NFZ]**. For this purpose, an application should be submitted to the National Health Fund competent for the place of residence of a foreigner at the regional branch of the NFZ.

**To conclude such a contract, the following documents must be submitted to the NFZ:**

- › application for health insurance
- › valid certificate of the student status
- › information on the place of residence
- › passport
- › Polish Card (provided a foreigner is a holder of the Polish Card)\*

\*NOTE! Contributions for health insurance of persons recognized as persons of Polish origin or having a valid Polish card are paid by the university at which they are studying.

## NFZ

### National Health Fund

A national institution that finances healthcare services from the contributions paid by insured persons in the NFZ (insured persons pay contributions to the NFZ, and they receive free healthcare).

**The amount of a monthly contribution is approx. PLN 50.**

The premium for each calendar month is payable by 15th day of the following month for the previous month (for example, for January by 15th February).

After the contract with the NFZ is concluded, you should visit the branch or inspectorate of the Social Insurance Institution (ZUS), where the ZUS ZZA form is to be submitted.

## ZUS

### Social Insurance Institution

It is a state organizational unit with legal personality that **collects contributions for social and health insurance and distributes the benefits** (for example, pensions, disability pensions, sickness benefits or maternity allowances) in the amount and on the terms set out in the applicable regulations.

### Persons insured in:

**NFZ** - The right to provision of benefits ceases when the contract with the NFZ is terminated or after 30 -days default in the payment of contributions.

**Another insurance company** - The contract concluded with this company determines when the right to benefits ceases.

## PRIVATE HEALTH INSURANCE

You can also buy health insurance from a private insurer. An insurance policy is usually taken out for a specific period of time, usually for a year. The rules of using health care are different in such a case - a fee is paid for a visit at the doctor's, and the costs incurred are refunded by the insurer based on the invoice issued by the clinic.

## Office for Persons with Disabilities at TUL

The Office creates conditions for everyone to study, teach and feel comfortable at our university, regardless of their disabilities!

**You need support?**

Visit: [www.bon.p.lodz.pl](http://www.bon.p.lodz.pl)





# RECOGNITION OF A FOREIGN SCHOOL CERTIFICATE

## ● Recognition of a foreign school certificate in order to apply for admission in Poland

A foreign school certificate is  
recognized as equivalent to the  
relevant Polish school certificate  
in the following manner:

1. **By virtue of law**, that is without  
certification by other institutions  
or bodies in Poland
2. As a result of administrative  
proceedings of the Head of the  
Board of Education (so called  
**nostrification**)

Types of school reports that  
are recognized in Poland  
by the virtue of law are, for  
example, **IB Diplomas**.

Types of school reports  
that are recognized in Poland  
by the virtue of law:

- › **Secondary school leaving  
certificates** obtained in education  
systems of the EU Member States,  
EEA and OED, which entitle  
individuals to apply for admission  
to higher education institutions  
in the country in the education  
system of which they were issued:
- › **IB diplomas (International  
Baccalaureate)** issued by the  
International Baccalaureate  
Organization in Geneva;
- › **EB Diplomas (European  
Baccalaureate)** issued by European  
Schools, in accordance with  
the Convention on the Statute  
of European Schools executed  
on 21 June 1994;
- › **School certificates subject  
to international agreements**

School leaving certificates which  
are not enumerated above must be  
recognized as equivalent to the  
relevant Polish school leaving  
certificates in the administrative  
procedure of the Head of the Board  
of Education. Recognition of school  
leaving certificates is performed  
by regional boards of education  
competent for the place of residence  
of the person applying for it, and in  
the absence thereof, competent for  
the seat or the institution in which  
the persons intends to submit the  
school leaving certificate.

This applies to secondary school  
leaving certificate obtained  
in the following countries:

Australia, Austria, Belgium, Bulgaria,  
Chile, Croatia, Cyprus, The Czech  
Republic, Dania, Estonia, Finlan, France,  
Greece, Spain, Ireland, Island, Israel,  
Japan, Canada, Korea, Lichtenstein,  
Lithuania, Luxemburg, Latvia,  
Malta, Mexico, The Netherlands,  
Germany, Norway, New Zealand,  
Portugal, Romania, Slovakia, Slovenia,  
Switzerland, Sweden, Turkey, USA,  
Hungary, The United Kingdom, Italy.

Types of school reports that  
are recognized in Poland by  
the virtue of law are also  
School Certificates subject to  
**international agreements** - it  
refers to certificates given,  
for example, in Ukraine and  
on Belarus.



**Documents required for nostrification to be submitted to the Board of Education:**

- › legalized and certified with the apostille secondary school leaving certificate with a list of grades
- › information that the certificate in question entitles a person to take up higher education in the country where the document was issued
- › a translation of the certificate and the list of grades into Polish certified by a sworn translator
- › travel document with visa or other proof of legalized stay in Poland
- › students card (given by TUL)

**RECOGNITION OF A FOREIGN DIPLOMA**

**Recognition of a foreign diploma in order to apply for admission to second-cycle studies, postgraduate studies, third cycle studies or opening a doctoral degree procedure in Poland**

If the diploma of a foreigner entitles him to continue education at the higher level or to open a doctoral degree procedure in a country in the education system of which the university, which issued the diploma, operates, it also entitles the foreigner

Nostrification [validation] of a school leaving certificate should be done before the end of the first semester of studies

**More information:**

Board of Education in Łódź  
120a Kościuszki St., 90-446 Łódź  
tel.: +48 42 636 61 30  
e-mail: kolodz@kuratorium.lodz.pl  
[www.kuratorium.lodz.pl](http://www.kuratorium.lodz.pl)

**to continue education** at the appropriate level (second cycle studies, postgraduate studies or doctoral studies) or to open a doctoral degree procedure in Poland. A foreign diploma may grant the right to further education in Poland also on the basis of **an international agreement**.

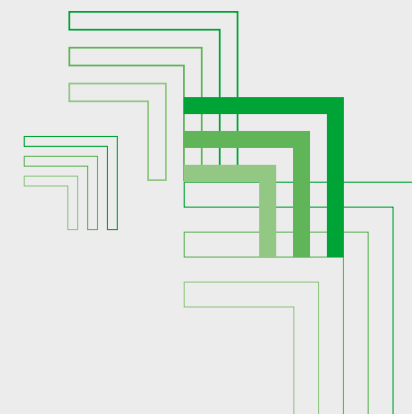
If the diploma of a foreign national does not entitle him to continue higher education in the country of its issuance, and yet the foreigner wants to continue studying in Poland, he must submit the diploma to **the nostrification procedure**.

**BASIC SAFETY RULES IN POLAND**

- › **Cross the street** only at the zebra crossing and when the traffic lights are green.
- › **Don't drink** alcohol in public places.
- › **Don't drive** vehicles (a car, a bike) under the influence of alcohol (in Poland it is admissible to drive motor vehicles if the concentration of alcohol in the blood is lower than 0.2 per mil).
- › **Don't leave** your drinks unattended at parties or in clubs- somebody could add something to them.
- › **Don't smoke** in public places, except in designated zones.
- › You will be fined for **ticket evasion**.
- › **Avoid** walking after dark in dangerous places (parks, dark streets).
- › **Cycle** only in bike lanes, and in case there is no bike path- on the side of the street get off the bike and walk across the zebra crossing unless there is a horizontal sign on the road allowing cycling through the street.
- › **Remember!** In Poland it is prohibited to produce, sell and use drugs, including marijuana!
- › **Use** legal software on your computer.
- › **Remain** particularly attentive in crowded places (streets, clubs, concerts). Don't leave your possessions unattended, especially documents and money; when you leave your dorm room, lock it.

**EMERGENCY PHONE NUMBERS:**

- 112** - general
- 999** - ambulance service
- 998** - fire brigade
- 997** - police



## FOR EXCHANGE STUDENTS

## EXCHANGE AT TUL

We are very happy to introduce you the International Faculty of Engineering, a unit of Lodz University of Technology, with all the courses taught entirely in English and French. It is a internationally recognized academic department and a centre drawing students as well as first-rate teachers and research workers. Since its beginning, the mission of IFE is to educate future engineers, skilled in professional competences, languages and soft skills.



## FOR EXCHANGE STUDENTS

### After your arrival

- 1 Go to the Student Assistance Office** located in the International Faculty of Engineering (36 Żwirki St.).
- 2 Have your Certificate of Arrival signed** and become TUL's student officially.
- 3 Pay for the student card** get a red form filled in with your personal data and go to the post office and pay 22 zł. One part of the red form should be left at the post office and second is for you, as a confirmation of payment which should be brought to SAO.
- 4 Bring to SAO: the confirmation of payment, Health Insurance and Civil Liability Insurance (valid in Poland)** and get your student ID. Wait for the info from SAO - they will let you know when the student cards are ready for collection. **Please note that the student ID might be issued only if you had sent us your passport-size photo before.**

### SAO

Student Assistance Office (SAO) - located on the first floor of IFE building (A16) is a „students helping students” office. First place you go to after your arrival in Lodz and last one that you visit when you are about to leave. If you have any questions concerning your Learning Agreement, go there and ask or contact them by e-mail: [sao@info.p.lodz.pl](mailto:sao@info.p.lodz.pl).

### Organisational meeting

**Before the beginning of each semester**, there is an organisational meeting during which all the important information concerning the studies will be passed on to you. **Attendance is obligatory.** During this meeting you will be also provided with the detailed information on how to establish your timetable, as you will have to prepare it on your own.

### LAS and other documents

Exchange students may have to modify the agreed programme of study upon arrival at the host institution for a variety of reasons. Approval of the changes by both parties must be obtained in order to guarantee full academic recognition of all course units taken abroad. These changes will be indicated on a separate form. Changes to Learning Agreement for Studies can be generated from [www.mobility.p.lodz.pl/in](http://www.mobility.p.lodz.pl/in) after your arrival at TUL. **Deadline for submitting the printed Changes to LAS to the Student Mobility Division is till the end of the 2nd week of the semester.**

### ESN-EYE

ESN-EYE is a non-profit student organisation that coordinates many events and projects oriented on exchange of Erasmus students and local students. They work at Lodz University of Technology and are a part of wide, European network of Erasmus Student Network - ESN (40 countries, 900 universities). They are a group of exceptional, cheerful people who strive for perfection in organising projects and events mainly connected with promotion of students mobility programmes and consequently European Union integration. Their activities rely on teamwork, where all the members have an equal possibility of gaining new experience and are limited only by their own creativity.

**ESNcard** is the membership card of Erasmus Student Network. ESNcard is also used as a discount card in many cities and countries around Europe.

**To learn more visit our website** [www.esncard.org](http://www.esncard.org)

### Mentors

Mentor is a local student that is going to help you during your stay in Lodz. He/she will help you to find the way through the University. If you wish, they will also organise a pick up for you upon your arrival in Lodz. If you have any questions concernig your stay, University, dorms, events, life in Lodz, Polish culture or anything else - just ask. Your mentors will contact you directly.

Before you arrive in Lodz, you should **inform your Mentor about the specific time and place of your arrival**. Then Mentor contacts the dorm to confirm your arrival - so if your flight is cancelled or delayed - let him/her know.

Usually students are **allowed to move to the dormitories 5 days before** the beginning of the semester. If you are planning to arrive earlier, please get in touch with your Mentor, who can contact the dorm and ask for the possibility to move in earlier. If not, Mentor can help you find accommodation in a hostel for the time before you move in to the dorm.

**More information:** [www.eye.esn.pl/en](http://www.eye.esn.pl/en)

**Facebook:** [fb.com/ESNEYEloodz/](https://fb.com/ESNEYEloodz/)

**Instagram:** [instagram.com/esneye/](https://instagram.com/esneye/)

**Snapchat:** esn-eye



ESN-EYE

### Their main projects are:

- › **Social Inclusion** - allowing international students to understand society's problems and to work on the solutions, increasing the participation of students with disabilities in mobility programmes.
- › **Coolture Events** - organising movie nights, sharing knowledge about different cultures and cultural events in Lodz.
- › **Erasmus Games** - various sport activities, promoting a healthy lifestyle among students.
- › **Tandem** - language exchange, allowing people from different countries to learn languages.

ESN-EYE is the perfect place for developing managerial and organisational abilities while working on projects designed for interational people.

# Integration Weekend

This Event is prepared especially for Erasmus students and ESN-EYE members section to integrate before the start of academic year. There is a lot of fun, games and

parties during the weekend and surely it is worth going!  
**Follow our FB fanpage to get the latest news and not to miss out on anything.**

## Useful words and phrases

To make your survival in Poland easier, we have prepared the most common expressions that you may find useful. The Polish language can be tricky for foreigners. However, if you learn some basic words you will be able to get around the city without problems.

**Do you speak...** - Czy mówisz...

**...English?** - ...po angielsku?

**...French?** - ...po francusku?

**...German?** - ...po niemiecku?

**...Spanish?** - ...po hiszpańsku?

**How are you?** - Jak się masz?

**I am lost** - Zgubiłem się

**Where is the bathroom?**

- Gdzie jest toaleta?

**Food** - jedzenie

**Water** - woda

**Here** - tutaj

**Over there** - tam

**Attention!** - Uwaga!

**Ticket** - bilet

**One ticket to ... please**

- Jeden bilet do ...

**Yes** - tak

**No** - nie

**Excuse me** - Przepraszam

**Hello** - Cześć

**Good morning** - Dzień dobry

**Thank you** - Dziękuję

**You're welcome** - Nie ma za co

**Train** - pociąg

**Bus** - autobus

**Airport** - lotnisko

**Train station** - dworzec

**Bus station** - dworzec autobusowy

**1** - jeden

**6** - sześć

**2** - dwa

**7** - siedem

**3** - trzy

**8** - osiem

**4** - cztery

**9** - dziewięć

**5** - pięć

**10** - dziesięć

**Please** - proszę

**Goodbye** - Do widzenia

**What is it?** - Co to jest?

**Where is ...?** - Gdzie jest ...?

**I don't speak Polish** - Nie mówię po polsku

**I don't know** - Nie wiem

**I don't understand** - Nie rozumiem



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INTERNATIONAL  
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